Creating resilient communities and preventing lifelong costs of violence and trauma in the lives of children

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Creating Resilient Communities & Preventing The Lifelong Costs of Violence & Trauma in the Lives of Children

Presentation by Benjamin Perks
A history of your brain – part I:

Formation of cognitive and non-cognitive skills takes place mainly in the first 4 years.
LOVE – Attachment
LEARNING – Stimulation
PROTECTION – Safety
Abuse
• Physical abuse
• Emotional abuse
• Sexual abuse

Neglect
• Physical neglect
• Emotional neglect

Dysfunctional family
• Alcohol addiction
• Drug addiction
• Depressed/suicidal
• Parental separation
• Incarcerated household member
Violence
Disease
Mental health problems
Addiction
Grooming
Obesity
Radicalization
Crime
10 times more likely to become an alcoholic

3 times more likely to become a smoker

2 times more likely to be diagnosed with a heart disease or cancer

49 times more likely to attempt suicide
Early Childhood Trauma Drives Violence, Crime & Addiction in Society

Compared with people with no ACEs, those with 4+ ACEs are:

- 4 times more likely to be a high-risk drinker
- 6 times more likely to have had or caused unintended teenage pregnancy
- 6 times more likely to smoke e-cigarettes or tobacco
- 6 times more likely to have had sex under the age of 16 years
- 11 times more likely to have smoked cannabis
- 14 times more likely to have been a victim of violence over the last 12 months
- 15 times more likely to have committed violence against another person in the last 12 months
- 16 times more likely to have used crack cocaine or heroin
- 20 times more likely to have been incarcerated at any point in their lifetime
1 ACE   50 – 80%

4 ACEs   10 - 20%

Child Protection Cases   0-3%
Violence, Disease, Grooming, Radicalization, Addiction, Obesity, Crime, Mental health problems, Health problems, 1 ACE, 8%
Every child needs a champion
3 Strategic Interventions to Build Resilient Cities